

Ideas for Families with children aged 0 - 5
Main Theme: God gives us our eyes to see. They are amazing.

1. If you can access Youtube, **sing a song together**: Rend Collective My God's the King of the Giants. Here's the link to a video with the lyrics

<https://www.youtube.com/watch?v=F9zWwltpMOc>

2. Play a game together

Options (choose one):

Peekaboo (babies)

Squeak Piggy Squeak (larger family)

Feely bag (toddlers) - put some random objects in a bag or pillow case. These could be anything - banana, a cup, a teddy, a car, a book etc etc. Take turns to put a hand in the bag, feel the object and try to describe it (it is soft, round, squeezey, etc). Then guess what it is without looking, before picking it out of the bag to see if you are right

Blindfold hunt (3 - 5s) Take turns to put a blindfold on and direct the blindfolded person to an object in the room, obviously avoiding trip hazards

Talk about: What is it like when you can't see? What do we see with? I wonder how it feels to be blind and never see?

3. **Story**: Jesus Heals the Man born Blind - <https://www.youtube.com/watch?v=X4qZ2KSbdxI>

Read the story together, simplifying if necessary.

Optional ways to make the story more multi-sensory and fun:

- On first mention of blindfolded man, put a blindfold on to imagine how he felt
- When Jesus spits in the mud, get some mud and feel it in your hands
- When the man goes to wash in the pool, go to the sink and wash your hands (or even take a bath if you fancy it!)

Talk about: Who made the blind man see? I wonder how he felt afterwards?

4. **Craft Activity:** Make "Wonder Glasses" out of toilet roll tubes, or just use card or paper rolled into tubes, and stuck together (see pictures below for ideas). There is a youtube link if you prefer to watch a video, or see the pictures below for example. You can keep them really simple or decorate. While you are making them, you could pray for people who can't get toilet roll in the supermarket and other things that they need. You could ask God to help us all share and care for people in need.

<https://www.youtube.com/watch?v=GjQbGuwIxT8>

5. **Prayer:** Point to your eyes while praying

Thank you God for giving us eyes to see

Sorry God for times when we don't see when people need our help

Please help us to use my eyes to notice all the wonderful things you made

We love you

Amen

6. **Song:** Seeds Family Worship Do Not Fear

<https://www.youtube.com/watch?v=4DyocxTTV6w>

This week: Aim to use your Wonder Glasses every day to notice something amazing with your eyes for the coming week. For example, you could use them to notice how the water goes in

circles down the plughole, or you could look at the wonderfully different shapes your food makes. You could look at the face of someone in your house and think how amazing they are, or look at your shoes and think how many places they have been. Or you could look at your hands and thank God for everything you use them for.